

# Aylesbury Newsletter

July 2021

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## Welcome Martina!

Martina Elsayed joined us this month as our second Supervisor. She has lots of home care experience, and will be working alongside Sammie to ensure your care is going well.

You can reach Martina or any of the team on the phone number or email address at the bottom of this newsletter.

## Not just personal care!

Did you know that Bluebird Care provide a whole range of services to help you stay independent in your own home?

Whether it's a permanent or short-term increase in your care, we could help you with shopping, cleaning, laundry, taking you to appointments, even going out for the day.



## Reviews and feedback

Once again, thanks to everyone who has left us such great feedback. If you're happy with your care (and we hope you are!) it would be great if you could leave a review for us on [homecare.co.uk](http://homecare.co.uk).

These reviews help others looking for care to choose a good provider.

You can do this by completing a review card (available from the office), scanning the QR code opposite using a smartphone or tablet, or visiting [www.homecare.co.uk/submitreview](http://www.homecare.co.uk/submitreview).

Of course, if you have any concerns at all about your care from us, please let us know in any way you feel comfortable.



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[www.bluebirdcare.co.uk/aylesbury](http://www.bluebirdcare.co.uk/aylesbury)



Inspected and rated

Good





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## Do you need a break?

Caring for a loved one is a noble, rewarding and worthwhile experience; but it can also be tiring, frustrating and leave you without time for yourself.

At Bluebird Care we can offer short-term respite to allow regular carers a well-earned break. This could be anything from a couple of hours so you can pop to the shops, to a temporary live-in care package.

If you or anyone you know could benefit from this, please get in touch.

## Stay safe in the heat

It may have cooled a bit by the time you receive this, but as I write it's 28°C outside and even hotter in the office!



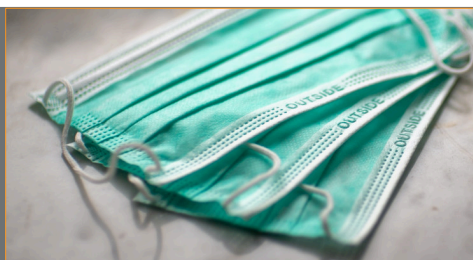
Please make sure you look after yourself and others during the hot weather, some tips include: closing curtains, opening windows when it's cooler outside (if safe), staying hydrated, and ensuring medicines are stored at the right temperature.

Your carers will make sure you're safe while they're with you and leave plenty of drinks, please speak to them if you have any concerns.

## Covid-19 Update

Just to reassure you that our team's double-vaccination rate is well over 90%, everyone is still doing weekly PCR tests, and Carers are continuing to wear additional PPE to keep you and themselves safe.

We're looking forward to things getting back to normal, but for now we continue to take the threat of coronavirus infection seriously and do everything we can to stay safe.



## Get in touch!

Please feel free to contact any of the office team on the phone number or email address at the foot of this letter.

Caitlin Chambers (Coordinator)

Carlene Daniel (Care Manager)

Edward Banks (Director)

Leah Buckingham (Recruitment & Training Manager)

Martina Elsayed (Supervisor)

Paul Jones (Business Development Manager)

Sammie Macknight (Supervisor)

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