# **Bluebird Times**



# October 2023

Welcome to the third addition of our monthly newsletter, the content is put together by our team of care mentors on a monthly basis, with the aim of keeping you up to date with news, events and other useful information. We hope that you find the content both informative and fun! The newsletter is available via post and email and can also be provided in large print if required.

## **Macmillan Coffee Morning**

A HUGE thank you to everyone who attended our Macmillan Coffee Morning, it was lovely to see so many of you attend and support this wonderful charity. We are thrilled to inform you that due to your generosity we raised a whopping £375.00. A special thank you to all the staff that helped to organise and plan the event.













Any cake left after the event was generously donated to Residential are homes in the area, for staff and residents to enjoy.
We are already planning for our next event, keep a look out in next month's Newsletter.

## **Feedback from the Coffee Morning**

At the end of the event, we asked those who attended to spare a few minutes to give us their feedback..

We are thrilled that 100% of responses rated the event as 5 stars!

What did you value most about today"? below are some of the comments...

"Company" N.C

"Mixing with ladies & gents who were disabled / had carers and helpers who were really enjoying themselves". L.W

"The social atmosphere" S.B

"Everyone was so friendly, coffee and cakes were very good". I.B

"Socialising for gran". N&L

How did today's event make you feel"? below are some of the comments...

Responses included...

"Happy"

"Very Happy"

"Lifted"

"Good"

"Great"

"Very happy to see how everyone got on".







## **Live-in Care**

Our Live-in Care services are going from strength to strength, more and more people are choosing Live-in Care as an alternative to residential care, allowing them to remain in their own homes with a care assistant on hand for 24/7 support. At Bluebird Care we are proud to offer our customers this choice at an affordable cost. If you feel you or your loved one may benefit from receiving Live-in Care, contact our office team for more information, we have a dedicated Live-in Care team that will be happy to discuss this with you and answer any questions you may have.



# A Poem by S Cross

#### A Seasons End

The sun awakens from a sky of blue radiating a warm golden hue,

Each view is kissed with rays of health and well blessed farmers reap the wealth.
Butterflies air their graceful wings dry and pirouette off to multiply.

Beautiful summer with your bright golden light, you are a tonic of joy to us morning til night.

All to soon as time creeps forward the season fades, dark clouds begin to gather, winds grow strong they howl and chatter, viciously tearing leaves from trees whipping them to the sodden ground.

Summer plumes burry deep down underground tucking themselves to sleep. And all too quick summer draws to a season's end.

Why not write your own poem, we would love for you to send them in so we can add them in to our monthly newsletter!

### **Promotions**

This month we have seen some internal promotions. Our Care Mentor Rachel Banford has been promoted to Senior Care Assistant. Care Assistant Keyra Windsor has been prompted to Care Mentor and Evette Jones has been promoted to Field Care Supervisor and will be replacing Klaudia Miller who has recently left the company. We wish all three of them every success in their new roles.

## **Puzzle Corner**

A doctor and a bus driver are both in love with the same woman, an attractive girl named Sarah. The bus driver had to go on a long bus trip that would last a week. Before he left, he gave Sarah seven apples. Why?

An apple a day keeps the doctor away!

# **Top Tip**

This month's TOP TIP was shared by our Senior Care Assistant Rachel Banford. Rachel says... This Autumn place a few conkers around your house, this will help you keep your rooms free from delightful little spiders.

Do you have any top tips? If you do, we would love for you to send them in so we can add them in to our monthly newsletter!

# **Employee of the Month**

Septembers' Employee of the Month has been awarded to our Care Coordinator, Louise Hawksworth, as a thank you for her exceptional organising and planning skills that made the Macmillan coffee morning a huge success.

Louise put so much time and effort into the event and it certainly paid off.

A very big thank you from all the team.







