



BLUEBIRD CARE FAREHAM

NEWSLETTER

JAN 2024

Dear Customers,

Welcome to the first newsletter of 2024 and a happy new year to you all. I hope you have had a lovely Christmas.

This time of year always makes me reflect on the past twelve months and I feel very proud when I see how our Bluebird family has grown. We have welcomed many new faces over the last year, from customers to carers, and it was fantastic to see so many of you at our Christmas party last month. I hope you enjoyed it as much as we did! The events that we held last year as part of our Social Activities club gave many the opportunity to meet new people and enjoy a few hours away from home. I hope more of you will join us in this year's activities, which we are currently in the process of planning.

For now, I wish you and your families a very happy and peaceful 2024, and I hope I will be meeting more of you this year at our Social Activities club.

Gabi,

Director, Bluebird Care Fareham

In this issue...

- Social Activity Club
- Christmas Party pics
- Ada's abseil tribute
- Festive photos
- Office Team reminder
- Live-in Care Special offer

*Happy
New Year*
2024

Take a Break

We understand that families need ongoing support and assistance when caring for loved ones. If you need a break from your care duties, or are looking for a long-term solution, then our Respite Care Service could be ideal for you and your loved ones. We can help out while you take a break, whether it's for a weekend, week or longer. Contact us today to find out more.

Social Activities Club

2023 was a wonderful year of social activities that many of our customers thoroughly enjoyed. From our summer boat trip on the Solent, to our very own 'Day at the races' competition, it was great to see so many of you take part in the activities.

Our free social activities club is a great opportunity for customers to have a few hours away from their normal home environments, in a safe and comfortable setting with people who care. The customers who have attended in the past have always commented on how much they have enjoyed themselves, and this spurs us on to arrange even more activities for you. So keep an eye out for upcoming new dates and activities for you all to take part in!

Below are some photos of the pottery painting afternoon we had at a local crafts centre last October. The carers and customers had a fun and creative few hours, and there was even a little dancing at the end!



Christmas Party

A fabulous time was had by all at our Christmas party last month. Mince pies, hot chocolate and lots of Christmas songs and dancing made it a thoroughly enjoyable afternoon. Not forgetting the visit from Father Christmas himself which was a lovely surprise!



Ada's Abseil Tribute

We are so proud of Care Assistant, Ada, who challenged herself to abseil down landmark Spinnaker Tower to raise vital funds in honour of former customer, Karen, on Saturday 30th September. Ada bravely scaled down the 170-metre (560 ft) landmark observation tower to raise money for the MS Society, which supports all those affected by Multiple Sclerosis.

Karen had been a customer of Bluebird Care Fareham since 2017, and had been living with Multiple Sclerosis, before she sadly passed away unexpectedly earlier this year. Karen, who lived with her husband and their three dogs, formed a close bond with Care Assistant Ada and the rest of the Bluebird Care team, as they supported her with personal care to live well at home, and to meet other people.

Thanks to the sponsored abseil, Ada has raised an impressive £630, which will go towards funding world-leading research into Multiple Sclerosis and fighting for better treatment and care for those with the condition.

Karen will be remembered as a very friendly and bubbly character, who was popular with many of the Care Assistants and will be dearly missed by the whole home care team. Talking about her daring experience, Ada said:

“Multiple Sclerosis has affected many around me, including Karen, whose loss has had a big impact on all of us at Bluebird Care Fareham – it was an honour to be able to do this to keep her memory alive. I am not a huge fan of heights and have never done anything like this before, so naturally, I was nervous. But I was also excited to complete the abseil, and, most importantly, I was proud of all the money we were able to raise. Hopefully we can have the best possible impact on all people living with this condition.”



Staff pics

A few festive snaps taken last month, including Christmas jumper day, the team Christmas lunch and the Carers receiving their Christmas hampers.



Complaints Procedure Reminder

We like to pride ourselves on the open door policy that we endorse throughout the company here at Bluebird Care Fareham. We encourage our customers and their family members to come to us if they have any concerns about their care package or the service they receive.

Our team consistently work hard to ensure all customer's receive the highest levels of care possible, and we pride ourselves on having some of the most professional and compassionate people in our teams. However, we appreciate there may be times that you feel your issues require further attention, and should this happen you may feel the need to make a formal complaint. All complaints will be responded to in a timely manner by our management team.

All complaints should be in writing and addressed to Gabi Sprechert, Director.

The Office Team update

Below is a reminder of the team roles should you need to contact us. If you would like further details of individual roles, please refer to the 'Meet the Team' section on our website. We look forward to welcoming Louise back to the office as she returns from Maternity leave later this month.

Please continue to use the main office number and the main office email address fareham@bluebirdcare.co.uk if you need to contact us.

Gabi Sprechert - Owner/Director

Louise Richards - Registered Care Manager

Becky Simpson - Care Coordinator

Sharon McLoughlin - Care Supervisor

Leia Torrente - Customer Supervisor

Rachael Kellett - Finance Manager

Jas Kang - Marketing Manager



Try Live-in Care for a weekend and see if it's for you!

We are offering all of our customers the opportunity to experience our popular Live-in Care service for a weekend, at a discounted rate. This is a fantastic opportunity for you to trial the service and see if it could be an option, or future option, for you or your loved ones.

Whether it's short-term or long-term, our Live-in Care service is an ideal solution for many families. We can take over the care of your loved ones while you go on holiday, or just want a break from care duties. Or perhaps you are feeling lonely and would like a friendly companion to spend your days with, as well as help with care and domestic duties.

Speak to the office team today and see if it could be a perfect solution for you.

We love to hear from you!

"I have been very satisfied with all the care that my husband has received. They are all cheerful and friendly and willing. When I have had to change the timing this has been done efficiently. My husband has enjoyed all the activities that have been provided. I am very grateful for all their support."



“She's my lovely blue angel”



We are here!

Feel free to contact the team if you have any queries.

Call 01329 832681 or email fareham@bluebirdcare.co.uk

Follow us



Facebook Instagram