

# BLUBIRD CARE COMMUNITY



Official Newsletter for our Regional Bluebird Care Carers, by our Bluebird Care Carers

May 2021





# WELCOME!



Most of you that have met me now, know how passionate, pro-active and dedicated I am to Bluebird Care and to maintain our 'Community', giving recognition where due and keep our morale going with social events, we have such an amazing team of 'Bluebirds', we all should be so proud of each other. I hope the content of this issue brings you firm proof that we are ALL amazing in everything we do at work, from being an amazing carer, amazing office staff to everyone showing their support for awareness days and always going above and beyond your call of duty.

I am always happy to hear from you, if you have any idea's, suggestions or comments on any events, community involvement, please email me, I would really love to hear from you. My aim is to feature and raise the profile of all our Bluebirds, so if you didn't make this issue, you will in my next one, just keep me posted!



Sharon Wuyts  
Champion Lead for Communications and Recognition  
[essexmarketing@bluebirdcare.co.uk](mailto:essexmarketing@bluebirdcare.co.uk)



## OUR REGIONAL NEWS;

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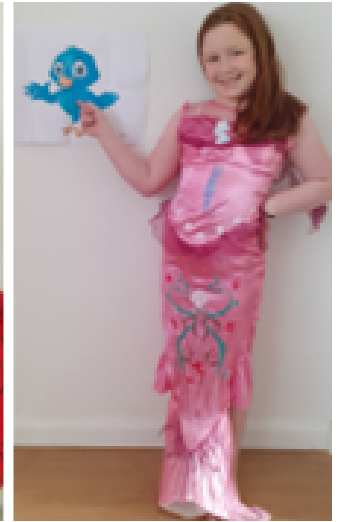
## TRAINING OPPORTUNITIES

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# MID ESSEX



Bluebird Care carers and their families celebrated '**Children's Mental Health**' week by holding the first round of our regional games and invited Chelmsford and Maldon to play some good old fashion games on zoom!



Bluebird Care carers and families enjoyed an Easter Hunt at Highlands Park on 3 April 2021.



**Congratulations** to Shirley from our Maldon office for your 6 years and counting dedicated service to Bluebird Care!



# REDBRIDGE & EPPING NEWS



Well done to **Rachel Naicker**, our **Carer of the Month**, April 2021



Huge Congratulations to **Julie Gregory**, our **Covid Champion of the Month**, April 2021.

We also would like to congratulate, **Stacey Lane** for 'Personal Care Champion' award, April 2021,

## Staff and Customers celebrate St Patrick's Day!



As well as celebrating St. Patrick's Day, Office Staff and Carers celebrated and supported international Women's Day, Red Nose Day and World Down Syndrome Day.



# SOUTHEND & ROCHFORD



Our office holds an annual Easter Raffle for our wonderful carers to win an Easter egg – this year, the winner was Hannah, who also recently took an excited to-be-out-in ages, customer, to get an ice-cream. We also had two runners up for the 'Easter Raffle', Sarah and Karen, congratulations!



Happy 50th Birthday to our wonderful Registered Manager **Kellie!!**  
Kellie is mother hen to all the carers, her gift and birthday wishes are testament to her great managerial skills.  
Happy 30th Birthday to **Abby!**





# ESSEX WEST



Our office showed support for Parkinson's Disease Awareness week 2021.



Some of our carers and their families enjoying an Easter Hunt at King George's Park Playing Fields, Brentwood, on Tuesday 30th March 2021.



Some of our wonderful carers going above and beyond



**CONGRATULATIONS**  
Clem receiving her 9 year service to Bluebird Care





# LIVE-IN CARE



## Live in carer of the month



Congratulations to **Gabbi** who has been voted 'March' Carer of the Month. Gabbie does an excellent job for caring for her 99 year old customer 'Barbara'. They are fantastic friends, they enjoy a walk in the sunshine and spending time in the garden together. Congratulations Gabbi

Congratulations to **Jayne**, our February 2021, Live-in-Carer on the Month. Jayne has made an excellent start to her career at Bluebird Care! Her customers and colleagues have praised her hard work and commitment. Congratulations Jayne



Congratulations to **Gertrude**, our January 2021 Carer of the Month, The first customer Gertrude' looked after commented, 'she is simply the best' and more recently a daughter commented, 'Gertrude has adapted her approach to suit my mum' Gertrude has a great positive attitude, we love her singing and dancing



# BENEFITS



**Blue Light Card** – If you have not already got your card, why not? Whether you're looking for a weekend getaway, fashion fix, or state-of-the art device; save online with thousands of retailers!



To date, over 15,000\* retailers have signed up to Blue Light Card, the UK's biggest discount service for the NHS, emergency services and social care workers.



Even better! Our Director, Kevin has agreed to reimburse your £4.99! Once you have gone through the online process and have purchased your personalised card, please forward your email receipt to [Victoria.cleaver@bluebirdcare.co.uk](mailto:Victoria.cleaver@bluebirdcare.co.uk) . Once you have completed your 3-month probation. If you already have your card, we are happy to reimburse you in exchange of proof of purchase/show your personalised card as proof. Sign up today! [www.bluelightcard.co.uk](http://www.bluelightcard.co.uk)

\*please note these retailers were correct at the time of print and are subject to change, therefore can not confirm any changes after print





# BENEFITS



## Kwik Fit

Quick Fit have kindly agreed to give our Bluebird Care carers a **FREE** car check!

This includes: Tyre Check/pressure, Window blade check, Battery and Bulk Check, Fluid levels, includes half a litre of oil if required.

Please call and book your appointment, allow 45 minutes to complete all the checks, show identification card on arrival.

**Chelmsford** 01245 491688

**Southend** 01702 338675

**Maldon** 01621 84311

**Brentwood** 01277 22760



## Chelmsford Civic Theatre



Free online concerts, weekly toe tapping interludes we all know and love, but this time you can enjoy their musical stylings from the comfort of your own homes!

<https://www.chelmsford.gov.uk/theatres/whats-on/musicals/lunchtime-concerts/>



NHS  
TOP-UP

## NHS Top-Up Corporate

Supplementing the valuable care provided by the NHS



Please refer to 'A Guide to Your Corporate Cash Plan' and the Benefit Schedule for full details of the NHS Top-Up Corporate terms and conditions and available benefits, including what is not covered.

All benefits shown are per person per Cash Plan year, unless otherwise indicated. Please check your Certificate of Registration which will confirm your level of cover, available benefits and reimbursement (cashback) level.

Core Benefits – up to the maximum annual benefit limits shown	Level 1
<b>Dental</b> Routine dental treatment (check-ups, scale and polish, x-rays, fillings and hygienist)	£65
<b>Optical</b> Eye tests and prescription glasses, contact lenses and prescription sunglasses	£65
<b>Therapies</b> Physiotherapy, osteopathy, acupuncture, chiropractic care, homeopathy, chiropody or podiatry. Up to four sessions of self-referred therapy	£200
<b>Specialist Consultations</b> A specialist consultation or second opinion – giving peace of mind that a proposed treatment is right for you	£150
<b>GP Services</b> Private GP consultation(s), diagnostic tests, vaccinations and prescription charges	£50
<b>New Baby</b> On the birth or adoption of a new child	£50
<b>Hospital Stay</b> For each day/night spent in an NHS hospital (maximum 20 nights)	£400 (£20 per day/night)
<b>A&amp;E Attendance</b> £20 for each visit to an A&E department	£20 (max one visit)
<b>NHS Car Parking</b> Up to £300 for cancer treatment or £50 for other hospital treatment (as a patient or for visitors' parking when you are a patient)	Overall maximum of £300 (when receiving cancer treatment)
<b>Face to Face Counselling</b> Confidential counselling over the phone on personal issues and, where clinically appropriate, onward referral to face to face counselling services. Available 24/7. If you choose this extra it will apply to all corporate Cash Plan members.	Six sessions

### Remote Benefits – available 24/7

Remote GP Services – Call 0333 014 4421

Private GP Helpline • Video Consultations • Private Prescriptions • Specialist Referral

Employee Assistance Programme (EAP) – call 0800 915 8083 (not available for family member(s) under 16 years of age)

Telephone Counselling • Online computerised Cognitive Behaviour Therapy (cCBT) Life Skills Course • Wellbeing and Health Information Debt and Money Information and Support • Legal Information • Manager Support

For more information contact your local Healthcare Partner

### Jonathan Pitts

On behalf of Daniel Wade, An Appointed Representative of WPA Healthcare Practice Plc

07917 150652

jonathan.pitts@hcp-plc.org.uk | wpa.org.uk/danielwade

To make a claim  
please call 01823 625270  
or visit wpa.org.uk



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# PAST EVENTS



Thank you to all our amazing Bluebird Care Carers for helping to deliver these beautiful flowers to our female customers on Mothering Sunday.



## Showing your continued support for our awareness days



# FUTURE EVENTS



## Picnic in the Park & Family Quiz



**'Picnic in the Park' & 'Summer Party'**  
**July/August for Customers, Bluebird Care Staff & Families. Confirmed details to follow...**

Chelmsford  
Maldon  
Brentwood  
Southend  
Redbridge/Epping

**Regional Staff Quiz – July/August Venue details TBC**

Please email your interest and region, and we can let you know further details  
[essexmarketing@bluebirdcare.co.uk](mailto:essexmarketing@bluebirdcare.co.uk)

# A WORD FROM KEVIN



'Tracey and I had worked tirelessly our whole adult life to provide an upbringing for our 5 children' that emphasised, respect & compassion for others



To be successful at Bluebird Care you must be compassionate and respectful of not only the customers we assist, but also your fellow colleagues.

By working with us you will have access to great rates of pay (NLW), enhanced pensions, private health care benefits, paid expenses, but most importantly you will be a part of a great community and will be invited to our associated events.

Kevin McCormack  
Managing Director



# SIXTY SECONDS WITH...

Kevin McCormack - Managing Director

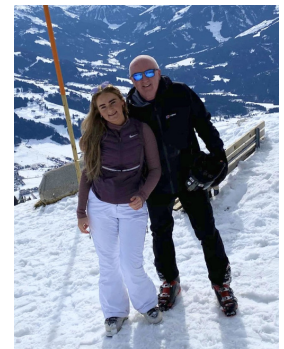
**If you had a time machine, would you go back in time or visit the future?**



I had a fantastic childhood, I came from an Irish background and grew up in that community mixed with the traditional fun of East London at that time, we were a close community and looked out for each other. I had great supportive parents that gave me such fond memories- I would travel back in time to visit those years again!

**If you could visit one place, where would you go and why?**

The best place I have visited was Canada skiing with my family, I would go back there – I love being outside, doing sport and being with my family!



**How did you get into caring?**

It was my wife Tracey that started our journey with Bluebird Care, back when our children were young, Tracey worked in the 'Childcare Industry' and also in 'Adult Health and Social Care, so when our children were a little older, Tracey and I, decided, with my successful business knowledge and Tracey's childcare experience and 5 years in adult health and social care, we took an opportunity to buy our first franchise territory in Redbridge and open our first Bluebird Care office in Woodford! Since then, over the years with a lot of hard work, we have grown to be successful enough that we have 6 Bluebird Care offices! We have tried to build our Bluebird Care community and culture, we are very fortunate to have such an amazing team of 'Bluebirds' in all our regional offices, we have never looked back, and we both are excited for the future!

**What's the most satisfying part of your job?**

Employing and meeting such a lovely bunch of people when visiting our offices, they all are genuine people that care. I like interacting with fellow bluebirds, from our Bluebird Care office to care teams Please say hello to me if you see me, I do appreciate the opportunity to meet with as many 'Bluebirds' as possible, I am an extremely easy-going person!

**How do you spend your free time?**

I am a fully qualified football coach, my youngest son is still only 17 years old, I coach and manage his football team in my free time. If I'm not coaching, I would be watching or playing golf and enjoying the social side of it!



*Thank you!*



# TRAINING OPPORTUNITIES



**Debra Gote**  
**Training Manager**

Debra is happy to help, if you have completed your 3 month probation, you can apply to extend your knowledge. For more information, please email

**[essextraining@bluebirdcare.co.uk](mailto:essextraining@bluebirdcare.co.uk)**

There's no such thing as a silly question, Debra is happy to help!