# **Bluebird Times**



### September 2023

Welcome to the second addition of our monthly newsletter, the content is put together by our team of care mentors on a monthly basis, with the aim of keeping you up to date with news, events and other useful information. We hope that you find the content both informative and fun! The newsletter is available via post and email and can also be provided in large print if required.

#### **Life Stories**

I would like to thank our brilliant customer Mr. JW for the very absorbing conversation we shared during his care visit recently. He gave a short biopic of his life from the year 1950, he said that at the age of 18 he was signed up for military duties. After choosing the RAF he spent over two memorable years soaring through the skies. He joked that his partner liked to push the boundaries and liked to go sight-seeing, on one occasion they even circled the Eiffel Tower.

On 2<sup>nd</sup> June 1953 during Queen Elizabeth 11 Coronation fly by, Mr. JW was circling the skies above as part of the RAF display. FANTASTIC!

#### Training

Bluebird Care offers exceptional ongoing training for all of their staff,

Recently some of the care team travelled to our Stafford office to receive some valuable training in Stoma Care, thus helping our team to support customers with clinical care.



#### Adventures of Bertie Bear

Here is a photo of our generous Mrs H sharing a bedtime drink with Bertie (he is becoming a very crafty little bear!)



#### Dates For Your Diaries Macmillan Coffee Morning

A Macmillan coffee morning will be held on Saturday 30<sup>th</sup> September 11am-12.30pm at Winshill Resource Centre.

It will be the perfect opportunity to meet people and raise some money for a very worthy charity. If you are a customer and would like to join us for the event but are struggling with transport, please inform a member of staff and we will do our best to accommodate you.

Donations are very welcome and remember there is a bake-a-cake competition!

Bluebird Care East Staffs & South Derbyshire Unit 9, Lancaster Park Newborough Road Needwood DE13 9PD 01283 487373



#### Top Tip – Tried & Tested!

We are keen to share any tried and tested tips with our customers. Do you have any top tips? If you do, we would love for you to send them in, so we can add them to our monthly newsletter! This months "Top Tip" is **How to stop tulips from drooping....** Simply use a pin to pierce a hole at the base of the flower head. – We can confirm this works perfectly! A big thank you to Mrs C for sharing.



## Poem By S Cross

I put them over there I know I did, So where are they? I look again, I look in vain. Where are they? Blame. I bet he's had them. Have you moved them? You must have! "You can never leave things alone" Time out! I have to, it's all too much, I will have a brew try not to stew, But pull my hair in despair and find them sitting right up there. "How daft am I" I think to myself, as I calm with my brew and no longer in a stew!

#### **Puzzle Corner**

1) Find the past form of the verbs:

s	S	w	а	m	d	i	s
s	р	f	е	1	1	n	а
t	h	0	u	g	h	t	w
0	t	0	k	е	е	е	е
0	С	r	t	е	n	t	r
d	r	а	n	k	е	0	d
s	r	е	а	d	t	r	i
b	е	g	а	n	n	w	g
wim ⇔ tand & now ⊘			think ⇔ write ☆ fall ⇔			see ↓ read ⊏ draw 1	
legin ⇔			eat⊘			speak	
an 🖉			drink ⇔				
an	2		dri	nk ⊏	⇒		

#### **Employee of the Month**

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Employee of the Month for **August** has been awarded to our Field Care Supervisor Nicolle **Taylor**. Nicolle joined our team in April this year and has gone from strength to strength. Nicolle's main responsibility within the team is to monitor and review customer care delivery and ensure we are responsive to customers changing needs. Nicolle is dedicated to ensuring all customers receive a positive experience and are supported to achieve their desired outcomes. Well done, Nicolle, your personal development and passion for the role has not gone unnoticed.

#### **Useful Information**

Staffordshire County Council Adult Social Care Team 0300 111 8010

Derbyshire County Council Adult Care Services 01629 533190

East Staffordshire Adult Care Team 0300 303 0693

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