



Bluebird Bulletin

THE HOME CARE NEWSLETTER FOR OUR CUSTOMERS

Supporting



the
care
workers
charity

Several customers pilot new shower product developed by local inventor (more on page 2)



Trialing a new product
SHOWER SPAAH

Page 2



Bluebird Care becomes a
MINDFUL EMPLOYER

Page 3



Employee Recognition
AWARDS

Page 4



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Local inventor pilots new shower product

Introducing the Shower Spaah, an innovative new product designed and developed by local inventor, Alan Somerfield, based in East Bridgford. Alan is currently working with several Bluebird Care customers who are trialing his new shower invention which adds the soap automatically via the shower head, so you don't have to mess around with bottles.



The small device (shown on page 1) is very easily installed by simply attaching to the shower hose. The soap turns on and off with a simple easy turn control, so you can change the intensity of the suds produced. You can also preload the device with your favourite shower gel and just top up when needed.

The Shower Spaah aims to reduce the risk of slips and falls. Those with balance problems can keep one hand free to keep their balance. Only one hand is needed for washing as the soap is already in the water. The device will also help promote dignity and cleanliness with minimal contact, as the soapy water can access hard to reach places with no fuss.

For further information visit: www.showerspaah.co.uk.

“Carers won't need to spend as much time helping during the shower which means they can get other things done. It can also make a shower quicker, saving water and energy.”

Alan Somerfield – Inventor

We value your feedback

CUSTOMER TESTIMONIALS

Beaming reviews mean the world to our care team. We are always grateful to customers who take the time to leave us feedback about their home care experiences with us.

“Mum has been having Bluebird carers since October 2021. All the carers she has had so far have been really friendly and kind to her. The managers and office staff are all very friendly and accommodating with any requests made and do their best to make sure those requests are met. I must say that whenever I ring them, I feel that whoever answers the phone, I am talking to a friend who understands. I have no complaints about the standard of care my Mum receives from Bluebird and have recommended them to friends seeking care for their loved ones and will continue to do so. I have every faith in them.”

Overall Standard ★★★★★
Staff ★★★★★
Care / Support ★★★★★
Management ★★★★★
Treated with Dignity ★★★★★
Value for Money ★★★★★

from Linda H (Daughter of Client)

Bluebird Care Rushcliffe & Melton has signed the 'Mindful Employer Charter'

As an employer we recognise that in the UK, people experiencing mental ill health continue to report stigma and discrimination at work. Having signed the 'Charter for Employers Positive about Mental Health', we are committed to creating a supportive and open culture, where colleagues feel able to talk about mental health confidently and aspire to appropriately support the mental wellbeing of all staff.

Established in 2004, Mindful Employer is a UK wide initiative run by Devon Partnership NHS Trust. Providing employers with easier access to professional Workplace Mental Health training, information and support, the initiative aims to help empower employers to take a lead in supporting the mental wellbeing of their staff.

For more information visit
<https://www.mindfulemployer.dpt.nhs.uk/>.



As an employer, we have made an ongoing commitment to:

1. Provide non-judgmental and proactive support to staff experiencing mental ill health.
2. Not make assumptions about a person with a mental health condition and their ability to work.
3. Be positive and enabling towards all employees and job applicants with a mental health condition.
4. Support line managers in managing mental health in the workplace.
5. Ensure we are fair in the recruitment of new staff in accordance with the Equality Act (2010).
6. Protect staff against discrimination.

COMMUNITY SAFETY CHARTER

ourwatch.org.uk/charter

TACKLING
CRIMES IN
PUBLIC
SPACES



#BETHECHANGE

The Community Safety Charter aims to engage with a broader reach of people, businesses, and organisations to encourage them to take an active stance against crimes in public spaces, such as harassment, hate crime, and antisocial behaviour. By signing up to the Community Safety Charter, Bluebird Care Rushcliffe & Melton pledge to four actions: **Promote, Enable, Report, and Support.**

The Charter supports greater understanding about how we recognise and deal with community safety issues and support victims by knowing where to get help, how and who to report to, enabling a more positive, proactive approach by the whole community. www.ourwatch.org.uk/charter.

Care Team of the Quarter – Q2 June 2023



Every 3 months we carefully examine the positive impact our care teams have had on our customers. We then look to nominate a specific team of carers who have worked exceptionally well together in order to improve the wellbeing and independence of a particular customer.

For **Q2 2023**, we are delighted to announce that the 'Care Team of Quarter' has been awarded to **Team MC (Sammi, Kellie, Collette, Jess, Alicia, Charlotte, Heather, and Katie)**

Mrs MC lives alone in Radcliffe on Trent very near to where several of our care team members are based. We've been involved since Feb 2022 when her daughter got in touch after MC had sustained a fall (resulting in hospital admission). More recently, MC's general health and mobility has been declining, understandably causing a lot of concern for her family. The carers involved have worked as a team with MC's daughter to manage her incontinence and laundry, with one carer, Kellie, kindly offering to do some washing at her own house. We have also made referrals to the District Nurses and Occupational Therapy team for a review of support aids and mobility transfers. Key workers involved have also been of great support and comfort to MC's daughter during this distressing time, keeping her up to date with any changes.

'Excellence in Care' Award Winners

APRIL-MAY-JUNE 2023

We are proud to reveal the winners of our most recent monthly 'Excellence in Care' Awards in 2023. A huge congratulations and well-deserved thanks to:

- **Michael – April 2023**
- **Jodie – May 2023**
- **Alicia – June 2023**

These 3 fabulous individuals have been recognised for going over and above in key areas of their job role. This includes receiving consistent positive praise from both customers and their peers, providing essential cover during difficult periods, and doing many 'thoughtful extras' for their regulars.

EXCELLENCE IN CARE AWARDS

May 2023 WINNER



JODIE

