



Newsletter BY YOUR SIDE

CHOOSING A BRIGHTER SPRING AT HOME

Here at Bluebird Care Stamford, Rutland, Peterborough & Oundle spring is one of our favourite seasons! Spring brings lighter mornings, fresh air and colourful flowers blooming in the garden. It's the perfect time for loved ones to get together and lift each other's spirits – with plenty of sweet treats and cosy food too, of course.

Spring should be about the little, uplifting moments that mean so much to us. A simple morning walk in the park, being able to sit in the garden and listen to the birds. With Bluebird Care, these meaningful moments are still possible thanks to our personalised and flexible care plans,

built around the quirks that make you, you.

SPRING ACTIVITIES TO TRY

- If you're looking to embrace spring, here are some seasonal activities you could try with your Care Professional or a loved one: A walk to see the spring flowers
- Trip to a garden centre
- A cosy pub roast dinner
- Visit to a local farm to see the animals
- Spring crafts
- Gardening
- Drawing or painting outside
- Baking Easter treats

We'd like to take this moment to wish you and your family a gentle spring full of those little moments.

If you need to chat to our team about your care plan or any further support you may need this year, get in touch with us today.

Stamford & Rutland
01780 480 881
stamford@bluebirdcare.co.uk

Peterborough & Oundle
01733 459907
peterborough@bluebirdcare.co.uk



SPRING REFLECTIONS

As spring arrives, it brings with it lighter days, fresh energy and a chance to look ahead to the months ahead. At Bluebird Care Stamford, Rutland, Peterborough & Oundle, our focus remains on ensuring every customer continues to receive the high-quality care and support they rely on. We know that as the seasons change, routines can shift too – with more time spent outdoors, visits from family and friends, and new activities to enjoy. Our team continues to plan carefully to ensure care runs smoothly and that everyone feels supported, safe and comfortable at home. As always, we're here to support you and your loved ones every step of the way.

DIRECTOR VISITS DEMENTIA RESOURCE CENTRE

Tim Carey, Director of Bluebird Care Stamford, Rutland, Peterborough & Oundle, visited the Dementia Resource Centre in Peterborough to learn more about support for people living with dementia and their families.

During the visit, Tim met with Local Service Managers Siobhan Merrygold and Suzy

Dunham to discuss the services and activities offered. The visit also explored opportunities for Bluebird Care and the centre to work together to strengthen support for families in the local community.

Find out more: <https://hay.peterborough.co.uk/support/dementia-resource-centre/>



COMMUNITY NEWS

We love celebrating the wonderful moments shared across our Bluebird Care community. Here's a selection of photos featuring our customers and Care Experts.

From everyday smiles to special occasions, these snapshots capture what makes our work so meaningful.

Can you spot yourself — or someone you know?



SEEING DEMENTIA IN A NEW LIGHT

On Monday 2nd February, our team at Bluebird Care Stamford, Rutland, Peterborough & Oundle took part in the Virtual Dementia Tour at our Stamford office — a truly eye-opening experience.

The tour is an immersive, evidence-based training that helps people understand what living with dementia can feel like. Through sensory changes and simple guided tasks, participants experience confusion, disorientation and frustration — feelings many people face every day.

Our Director, Tim Carey, explained why this matters. Dementia and Alzheimer's are becoming more common among the people we support, and with more than 100 customers cared for daily, giving our team the very best training is essential. Every care professional completes specialist dementia training to provide safe, compassionate, high-quality support.

Both care experts and office staff found the experience incredibly valuable, helping build empathy, patience and clearer communication in day-to-day care.

Hannah, our Care Co-ordinator, said the tour gives a deeper understanding of dementia, while Community Care Manager Beth said it shows why we must always adapt to the person, not the task.

We remain committed to ongoing training so we can continue delivering kind, respectful care across our local community.

CELEBRATING OUR AMAZING TEAM



Malika



Kirsty B



Beth



Temi



Brenda

We're proud to celebrate the dedication of our care team.

In November, Malika and Kirsty were Carers of the Month, with Kirsty also receiving an Above and Beyond award.

December's Carer of the Month was Beth, whose kindness and hard work make a real difference.

In January, Temi was Carer of the Month, while Brenda received the Above and Beyond award for her exceptional care.

At Bluebird Care, we're grateful for the hard work and positivity our team shows every day. These awards are a small way of saying thank you for the difference they make.

WE'VE WON GOLD COMPLIANCE AWARD WITH 92% AUDIT SCORE



Bluebird Care Stamford, Rutland, Peterborough & Oundle has received the Gold Compliance Award for the second time after its latest internal quality audit in December 2025. Achieving an improved 92% compliance score, the award recognises consistently high standards in care planning, safe practice, record keeping and person-centred support. For customers and

families, this provides reassurance that care is delivered safely, accurately and with compassion. Registered Care Manager Sarah Sparkes said the achievement reflects the dedication of the whole team, who are focused on continually improving and delivering reliable, high-quality care in the community. We thank everyone.

LONG SERVICE AND TEAM AWARDS RECOGNITION

We're celebrating some wonderful milestones across our team. Suzanne, Senior Care Expert in Stamford, marks seven years of dedicated service, while night Care Expert Pat Tomkin reaches four years of compassionate support. In Peterborough, Care Expert Dawn Rounsley also celebrates four years with us. We're equally delighted to congratulate Sophie H on her well-earned promotion to Senior Care Expert and Live In Carer Gelly's recent appraisal as well as Temi passing her probation. Night Carer Linda recently had her annual appraisal. Thank you for your commitment, kindness and the difference you make every day. We're proud to have you with us.



Suzanne

Pat

Dawn

Sophie

Gelly

Temi

Linda

WELCOME TO THE TEAM!



We're delighted to welcome two new team members.

Sue joins us as Recruitment Officer. Many will remember Sue from her time working as a carer with us — she began her journey in care here. With over five years of recruitment experience, she now leads Recruitment and Probationary Management. Tracy joins us as Community Care Manager supporting our Oakham & Rutland customers and team. She mentors our Care Experts and ensures we deliver high standards of person-centred care every day.

CHIEF OPERATING OFFICER VISITS OUR TEAM



We were delighted to welcome Joe Whibley, Chief Operating Officer of Bluebird Care UK, to our office recently. Joe, who leads operational support across the national network, spent time meeting the team and seeing first-hand the care and dedication shown across Stamford, Rutland, Peterborough & Oundle. He praised the team for their outstanding work, passion and commitment to delivering high-quality care to our customers every day, and it was a great opportunity to showcase the work our team carries out in the community.

A VOICE FOR GOOD CARE: SI KING JOINS BLUEBIRD CARE

Bluebird Care Stamford, Rutland, Peterborough & Oundle is pleased to share that Si King has joined Bluebird Care as a brand ambassador. While many people know Si from television, his connection to care is deeply personal. When his close friend and fellow Hairy Biker, Dave Myers, received care at home during cancer treatment, Si saw first-hand the difference compassionate support can make. That experience shaped



his belief that care should never feel rushed or uncertain. Families should feel confident in their choices, and people receiving care should always be treated with dignity and kindness — values we strongly believe in.

SHARE VIEWS

To help others looking for quality care is by leaving us a short review on Homecare.co.uk – it only takes a minute and means a lot.

[homecare.co.uk](https://www.homecare.co.uk)



COMMUNITY PARTNERSHIPS

Supporting dementia through 2026



Offering NHS-funded home eye tests, with £20 donated to Alzheimer's Society per referral

We're working together with



MEET OUR TEAM



Leisa MacKenzie & Tim Carey, Directors



Sarah Sparkes, Registered Care Manager



Luke MacKenzie, Accounts & Payroll



Hannah Tomlinson, Care CoOrdinator



Tracy Smith, Office Manager



Sue Stephens, Recruitment Officer



Michelle Teeson, Community Care Manager



Claire Snelling, Community Care Manager



Beth Howsam, Community Care Manager



Tracy Davenport, Community Care Manager

Get in touch:

Have a question? Changes? Want to learn more about our services? We're here to help.

Call us:

* Stamford & Rutland – 01780 480 881

* Peterborough & Oundle – 01733 459 907

🕒 Office Hours: 8.30am–5.00pm, Mon–Fri

Emergency On Call (Out of Hours): 07936 296325

For urgent issues such as missed calls, unexpected hospitalisation, or anything affecting your care outside office hours.

bluebird care®



When to Ring:

- Review or change your care
- Live-in or night care enquiries
- Cancel a call / inform of holidays
- Share feedback

What is OpenPASS?

OpenPASS is a secure app that gives you 24/7 access to your care notes, schedules, and updates – anytime, anywhere.

Why Get It?

- ✓ See real-time updates on care visits
- ✓ Share information with family members
- ✓ Increase transparency and peace of mind

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