Autumn

Newsletter

bluebird care® *Stockport*



CARE EXPERTS OF THE MONTH







TAHIR'S TOP TIPS FOR AUTUMN

Welcome to the Bluebird Care newsletter. As the nights draw in, I'm reminded how much a little preparation can help our customers feel safe, well and comfortable at home in autumn, here our my top tips:

Keep warm and well: Wrap up warmly, enjoy nourishing meals and drink regularly. Get some daylight, keep in touch with loved ones and take care to prevent falls by keeping walkways clear.

Most importantly, please don't suffer in silence. If you're feeling unwell, eating less, feeling low or struggling with everyday tasks, let your carer or our office know. We're here not just to help with your care, but to make sure you feel safe, listened to and supported.

A little kindness and a friendly chat can make all the difference.

Wishing you and your loved ones a warm, peaceful and healthy autumn. You matter to us!

Warm Regards,

Tahir Nazir
Managing Director



0161 477 0200 stockport@bluebirdcare.co.uk www.bluebirdcare.co.uk/stockport

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MEET FINANCIAL PLANNER AND SOLLA ACCREDITED ADVISER, DARREN FAWCETT



Planning for later life can feel daunting, particularly when it involves decisions about care, family and finances.

That's why we're pleased to introduce Darren Fawcett of Fawcett Wealth Management Limited, a trusted local adviser offering Expert, Chartered and SOLLA Accredited financial advice.

Darren is a Chartered financial planner and a SOLLA Accredited adviser. SOLLA, the Society of Later Life Advisers, accredits advisers who have shown the knowledge and sensitivity needed to help older people and their families.

That means advice shaped around your circumstances, delivered with care and clear, jargon-free explanations.

Darren can help with questions such as:

- Planning and managing retirement income
- Understanding how care costs may be funded
- Protecting your savings and assets for the future
- Preparing for conversations with loved ones about money and care

When the transition to care home is on your mind, it really may be cheaper to stay in your own home and get the best care, whilst protecting your house and assets.

Whether you're a customer, a family member or a carer, Darren offers a friendly, professional first conversation to help you feel informed and confident about your next steps.

FAWCETT
WEALTH MANAGEMENT LTD



Darren Fawcett APFS (Chartered Status)

0161 452 7151 or 07946 534 377

darren.fawcett@sjpp.co.uk

www.fawcettwm.co.uk

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At Bluebird Care Stockport, we specialise in personalised premium home care, prioritising strong, compassionate connections between our staff and customers. Our goal is to enhance the health and well-being of those we serve, ensuring they feel valued and supported in their own homes. With a focus on holistic care and tailored plans, we are dedicated to enriching lives and promoting a fulfilling lifestyle. Experience the difference of a care company that truly puts your loved ones' happiness first.

Home Care:
Means different things to different people. From a quick visit to drop off medication, to overnight care so your loved one can rest without worry. Whatever your family needs, we're here to help.

Live-in Care:
Is a type of Home Care we offer. It means that our highly-trained Care Experts live in your loved one's home with them, giving them the everyday care and support they need.

Your experience matters to us:
Scan the QR codes below to leave us a quick review on Google, Homecare and Trustpilot. It only takes a moment and we'd love to hear what you think.

Google

Homecare

Trustpilot

UPCOMING DATES

Thursday 5 November
Bonfire Night

Sunday 8 November
Remembrance Sunday

Thursday 24 December
Christmas Eve

Friday 25 December
Christmas Day

Saturday 26 December
Boxing Day

Thursday 31 December
New Year's Eve

Friday 1 January 2027
New Year's Day

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