

Tailored
to you

Why Home Care?

We all want to be surrounded by
the things we love. Our friends.
Our families. Our pets. Our garden.

Care that
brings joy

Home Care makes this possible.
It means your loved one can
get the support they need, in
the place they love. A place
that's safe and familiar, and
that's actually proven to help
people feel physically and
psychologically stronger
for longer.

At Bluebird Care, we know
that staying healthy is key to
keeping independent at home.
We also understand how crucial
early detection is for overall
wellbeing. That's why we
offer personalised health and
wellbeing checks, designed to
bring peace of mind to both you
and your loved ones.



If you would like us to help your loved
one live a healthier, more fulfilling life at
home please call us on

01823 331194

Or email us at

taunton@
bluebirdcare.co.uk

bluebird
care®

Health & wellbeing checks



*Taunton &
Mid Devon*

*Sedgemoor &
West Somerset*



bluebirdcare.co.uk/taunton



*For peace of
mind at home*

Care that
evolves

Health & wellbeing

Our professionally trained carers can provide health and wellbeing checks, ensuring your loved one has everything they need to stay well, while keeping you informed of any important changes.

Whether you live nearby or far away, our health and wellbeing checks provide reassurance that your loved one's health is being professionally monitored, reducing the need for unnecessary GP visits and providing peace of mind for all.



We want your loved one to feel as comfortable as possible. So as their needs evolve, our services do too.

Health & wellbeing
with Bluebird Care



"The regular health checks give me confidence that mum can live independently at home where she's happiest"

★★★★★

Sophia

What is a wellbeing check?

When our Care Experts make their usual visit, they'll bring along a wellbeing kit to check that your loved one's vital signs are stable. We use a nationally recognised and NHS used scoring system, giving confidence in our findings to your local healthcare professionals.

Health and wellbeing checks are usually carried out at assessments and care reviews, and if needs require, we will recommend a more regular frequency of these checks.

Our health and wellbeing checks include:

- > Blood pressure and pulse
- > Temperature
- > Breathing and oxygen levels
- > Alertness
- > General wellbeing