

Southampton Customer Newsletter

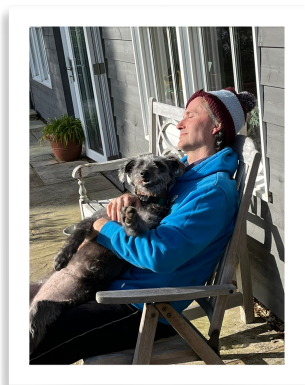
A letter from the Directors

Spring is in the air?

As the weather improves, it is the time to start planning for events and Fundraising activities. This has always been core to our business. We are proud of how our teams have battled through the past two years, under the guidance of Rachael, our Head of Care Operations. Despite the ongoing challenges at home and abroad, we hope to put a little bit of fun back into everyone's lives.

Enjoy reading the first community newsletter in 2022.

Meanwhile a bit of exciting news of a new furry team member at Bluebird Care! Some of you might remember that our Bluebird Care dog passed away last year after 15 years. After a long debate, Hugo and I have decided to adopt a rescue dog 🐕. You forget what it is like to have a young dog in the house! We hope to introduce Tess the Deerhound to you, but we might need to do a lot of dog training before the young lady will be let out! Anyway, meet the rather large Deerhound Tessa, enjoying her life at the Mills family.



Hugo and Bernadette Mills

A note from our Head of Care, Rachael

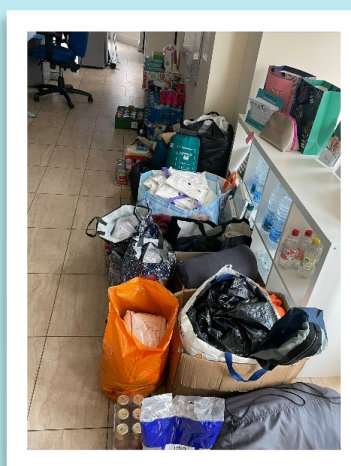
It's great to get an opportunity to speak to you all and share some positive vibes. The years has got off to a good start with fab new team members, raising money for a variety of charities and resuming our community events. It's always good to encourage others, keep motivation, lift spirits and inspire people to get out there and do their best. Why not use this year to do something different, outside the norm or meaningful, *'You are never too old to set another goal or to dream a new dream'*, C S Lewis.



Ukraine donations

The Bluebird Care Southampton team joined together to collect donations to help Ukraine refugees. We had lots of useful items, like toothpaste, shower gel, shampoos from our carers and customers. Also, we received money and we bought sleeping bags, food, and water. Two of our care assistants donated generously out of their own pockets.

We have all seen the horror that is happening in Ukraine, and we are fortunate enough to be able to give our support. Our donations went to the Salvation Army in Southampton, who drove the supplies to the borders in Poland. We thank everyone who helped, and we are proud to help make a difference. We will continue to collect, so please let your carer know if you have items to gift.



Solent Dolphin - Waterside boat trip, 12th May 2-4 PM

We have booked the use of the Alison MacGregor boat to take our customers out for the afternoon. We have booked it for Thursday, 12th of May, from 2-4 PM. It will be allocated on a first-come, first-serve basis. We can only take 12 people. So if you are interested in joining us for a lovely afternoon boat trip, please get in touch with the Southampton office, or let your carer know. The boat is able to take wheelchairs. We hope to see you there!



Easter fun Facts

Fun facts about Easter that you might have not known!

1. Where does the Easter bunny originally come from?

Rabbits bringing eggs isn't very logical, so there must be a reason why children rush to see what the Easter bunny has left them every year! The origin of the Easter bunny dates back to pre-Christian Germany. The hare has said to be a symbol of the Pagan Goddess of Spring and Fertility. As Christianity spread across Europe, the Pagan traditions were then blended with the Christian holidays, which is where the Easter bunny lay colour eggs for well-behaved children on Easter Sunday.



2. Where does the name Easter come from?

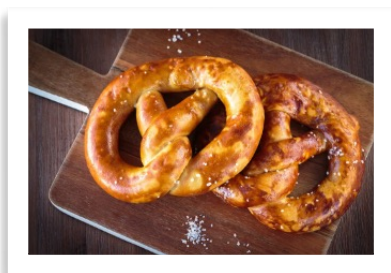
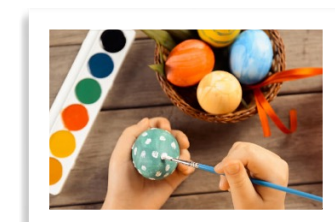
The Christian Holiday was named after the Anglo-Saxon goddess, Eostre, known as a Fertility Goddess and a Goddess of Dawn and Light. She was honoured and celebrated as the arrival of Spring.

3. How many Crème eggs are made by Cadbury a year?

Cadbury's make 500 million crème eggs every year. That is about 1.5 million a day! Cadbury eggs are one of the most popular eggs to be gifted. If you piled them on top of each other, it would be 10 x higher than Mount Everest!

4. Why do people paint boiled eggs for Easter?

From a Christian perspective, Easter eggs are said to represent Jesus' emergence from the tomb and resurrection. However, originally the tradition of painting the eggs come out of Ukraine. For many generations, the Ukrainians have been decorating eggs, known to them as a call out to the Gods and Goddesses of Health and Fertility.



5. Why do people eat Pretzels for breakfast over Easter time?

From the 1950s, it was a German tradition to eat a hard-boiled egg and a pretzel for dinner on Good Friday. Pretzels are associated with Easter because the twists resemble arms crossing in prayer.

Easter Word Search

F L O W E R S G N I R P S Z O
 S K C I H C T E B P A R A D E
 Y T P B Z E T M P M G E H Y S
 D G X P N A R J B S P A A E S
 N E Z N R U A S U B T S P D A
 A K O O A E D N N T D T P I R
 C B C E B T I A N E A E Y Y G
 X E G T B A T E Y K F R G L P
 D G E N I L I B U S F T G I S
 S C I E T O O Y V A O W E L U
 S K C U D C N L I B D O M V N
 U I Y K R O F L S P I L U T D
 O H Y G V H T E V A L X J F A
 K X R A W C F J A H U N T J Y
 Y L I M A F A S P E E P S E M

Basket
 Bonnet
 Bunny
 Candy
 Chicks
 Chocolate
 Daffodil
 Decorate
 Ducks



Dye
 Easter
 Egg Hunt
 Eggs
 Family
 Flowers
 Grass
 Happy
 Jellybeans

Lily
 Parade
 Peeps
 Rabbit
 Spring
 Sunday
 Tradition
 Tulips



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